STROKE RECOVERY ASSOCIATION NSW

Hornsby Ku-ring-gai
Stroke Recovery Club

Activities – September to November 2026

Unless there is an external activity, we meet every Friday, at 10:00am at Pennant Hills Community Health Centre, 5 Fisher Avenue, Pennant Hills.

Green - Club Meeting	Red – Association Activity	Purple, Club Outing / Activity	Blue, Executive Meeting	Black – NSW holidays / special days

Date	Activity	Location
15 September	**Exec Meeting**	
Friday, 18 September	**Club Meeting** Rehab Games Circuit TBC	**Pennant Hills Community Health Centre**
Friday, 25 September	**Cumberland State Forest BBQ** **TBC** **Mid-Autumn Moon Festival**	**96 Castle Hill Road Castle Hill**
Friday, 25 September	Last day of the school term	
Thursday, 1 October	International Day of Older Persons	
Friday, 2 October	**Putt Putt** **TBC**	
5 October	Labour Day Public Holiday	
Friday, 9 October	**Business Meeting**	**Pennant Hills Community Health Centre**
Sunday, 11 October	National Carers Week	
Monday, 12 October	School resumes	
Tuesday, 13 October	**Hunter Olympics** Overnight Accommodation Refer to Tom for arrangements	**Maitland**
Friday, 16 October	**11 to 17 November National Carers Week** **Carers lunch**	**Lunch at West Pennant Hills Sports Club**
Friday, 16 October	World Food Day	

Current as of 11 September 2026

Date	Activity	Location
Tuesday, 20 October	**Exec Meeting**	
Friday, 23 October	**Hawkesbury River Postman Cruise TBC**	**Brooklyn**
Sunday, 25 October	Grandparent's Day	
Friday, 30 October	**Club Dominoes Championship**	**Pennant Hills Community Health Centre**
Friday, 6 November	**Club Meeting Standard meeting**	**Pennant Hills Community Health Centre**
Friday, 6 November	**Association AGM**	**Wests Diggers Club** Tamworth
Sunday, 8 November	**Diwali Festival** Indian Festival	
Monday, 9 November	National Recycling Week	
Wednesday, 11 November	Remembrance Day	
Friday, 13 November	**Club Meeting Standard Meeting**	**Pennant Hills Community Health Centre**
Friday, 13 November	**Combined Clubs Picnic** Wentworth Common	**Sydney Olympic Park** Free
Tuesday, 17 November	**Exec Meeting**	
Friday, 20 November	**Club Meeting Annual Games Championships**	**Pennant Hills Community Health Centre**
Friday, 27 November	**Business Meeting**	**Pennant Hills Community Health Centre**
29 November	First Sunday of Avent	

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