

FORESTVILLE DATES

Forestville RSL - 22 Melwood Ave, Forestville
1st and 3rd Friday month - 10.30am - 12.30pm

DATE	ACTIVITY	LOCATION
19TH JUNE	Cafe Outing	Sunrise Cafe, Warriewood
3RD JULY	Aphasia Awareness Talk	Forestville RSL
17TH JULY	Christmas in July Lunch	Narrabeen Sands
7TH AUGUST	Stroke Recovery News Reading + Trivia	Forestville RSL
21ST AUGUST	Cafe Outing	Harbord Diggers, Freshwater
5TH SEPTEMBER	Club News Reading + Trivia	Forestville RSL
11TH SEPTEMBER	Creating Connections Stroke Conference	Club Burwood RSL
18TH SEPTEMBER	Cafe Outing	Dee Why RSL
3RD OCTOBER	Fatigue after Stroke	Forestville RSL
17TH OCTOBER	Cafe Outing	The Brightside Cafe, Mona Vale
6TH NOVEMBER	Stroke Association AGM	Wests Tamworth & Online
13TH NOVEMBER	Combined Clubs Picnic	Wentworth Commons, Sydney Olympic Park
20TH NOVEMBER	Club News Reading + Trivia	Forestville RSL
4TH DECEMBER	Christmas Lunch	Harbord Diggers, Freshwater



STROKE RECOVERY ASSOCIATION NSW

*Stroke Recovery
Association*

1300 650 594

INFO@STROKENS.W.ORG.AU