

NEUROLOGICAL PACKAGE OPTIONS AT CONCENTRIC REHABILITATION

At Centric Rehabilitation we have three different options for your neurological rehabilitation journey. Each option has a different approach which suits different neurological conditions. Your therapist will discuss the best options with you.

YOUR OPTIONS ARE

PLATEAU BUSTING

Intensive treatment over a short time designed to maximise neuroplasticity. This option is great if you have a goal you want to achieve as fast as possible! **Plateau Busting** suits many neurological conditions but especially brain injury. This includes 4 sessions a week for 2 weeks.

KICK START

Get your rehab off to a great start by attending twice weekly initially and then decreasing over time. This program is designed to **Kick Start** your recovery. Rehabilitation for all health conditions can benefit from a **Kick Start**. This included 2 sessions a week for 6 weeks, followed by weekly sessions.

FUNCTIONAL SUPPORT

In this stream we partner with you to help you exercise and recover over the longer term. This suits people for whom recovery comes on a slow and steady basis or for those that need ongoing support to help them with a condition such as Parkinson's Disease. **Functional support** includes weekly sessions on an ongoing basis. **Functional support** and **Kick Start** can also be completed as a group class program or a mixture of group and one-to-one therapy sessions.

COST

At Centric Rehabilitation Centre we know that everyone's situation is unique, we will help tailor a program to meet your needs. Please call our team on 8799 6932 to discuss which program would be the best fit for you.

Centric Rehabilitation Centre is a registered NDIS provider.

