



Resources

The following is a list of organisations that can be contacted who may be able to assist you when you return home.

Stroke Recovery Association NSW: 1300 650 594

E-mail: info@strokensw.org.au Web: www.strokensw.org.au

Provides information, telephone counselling, referrals, education on Stroke prevention for Stroke survivors, their carers and families. Coordinates 41 Stroke Recovery Clubs around NSW and has links to Stroke Associations in other states.

Carer Gateway: 1800 422 737

Web: <https://www.carergateway.gov.au/>

Provides practical information, advice, phone counselling, free carer's coaching and allows you to connect with other carers in their community forum.

My Aged Care: 1800 200 422

Web: <https://www.myagedcare.gov.au>

My Aged Care is the main entry point to the aged care system in Australia. My Aged Care aims to make it easier for older people, their families, and carers to access information on ageing and aged care, have their needs assessed, and be supported to find and access services.

National Disability Insurance Scheme (NDIS): 1800 800 110

Web: <https://ndis.gov.au>

National Disability Insurance Scheme (NDIS) is an Australian Government initiative to provide financial support to citizens and permanent residents of Australia who have a disability that requires long-term care and assistance, and who cannot afford private disability insurance.

IDEAS: 1800 029 904

Web: <http://www.ideas.org.au>

Provide free, accurate and independent disability information.

Centrelink: 13 10 21

Web: www.centrelink.gov.au

Government Agency that provides financial assistance and pensions for people with disability, carers and people who are ill. You may be entitled to a carers allowance if you are caring for someone with a Stroke.

PLEASE TURN OVER



Resources



Assistive Technologies Australia: 1300 885 886

Web: www.ilcaustralia.org.au

Formerly known as the Independent Living Centre. This organisation has information on a comprehensive range of products and equipment for people with disabilities. The centre does not sell items, they only display them.

Technical Aid for the Disabled (TAD): 1300 663 243

Web: www.tadaustralia.org.au

Technical Aids for the Disabled designs aids where commercial aids are not available. TADs' custom built items are often produced at a fraction of the cost thanks to the efforts of skilled volunteers. They also modify existing equipment to improve its suitability for the individual client. They also provide computers on loan to people with disabilities.

Australian Physiotherapy Association NSW:

Web: www.physiotherapy.asn.au (02) 8748 1555

Provides names of physiotherapists in your local area. (Ask if they make home visits).

Speech Pathologists Association NSW: 1300 368 835

Web: www.speechpathologyaustralia.org.au

Will provide the name of a speech pathologist in your local area.

Occupational Therapists Association of Australia:

Web: www.otaus.com.au 1300 682 878

Will provide names of occupational therapists in your local area. (Ask if they provide this service at home).

Driving Assessment:

Web: www.rms.nsw.gov.au/roads/licence/health/fit-to-drive.html

For information regarding driving assessments and re-training programs for those who may need assistance to acquire or re-acquire a driving licence.

Taxi Subsidy Scheme: 1800 623 724

E-mail: ttss@transport.nsw.gov.au

Provides subsidies for people with disabilities for taxis, buses, trains etc.

RMS Disabled Drivers Parking Permit: 13 22 13

Web: www.rms.nsw.gov.au

Provides parking concessions to people with mobility difficulties.

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