



Staying Connected



PROJECT TITLE

Staying connected: Personalising stroke recovery and rehabilitation through new technologies for people living with stroke living at home.

We are recruiting people with stroke who would like to participate in a study that involves receiving bursts of evidence-based therapy delivered remotely through telehealth.

TAILOR & CONNECT Therapy Centres have been established through a partnership between La Trobe University, Austin Health and The Florey Institute of Neuroscience and Mental Health, with the support of the National Health & Medical Research Council.



This is a **multi-centre study** and will involve study sites in **Victoria, South Australia** and **New South Wales**.

Therapy will be directed by qualified occupational therapists or physiotherapists.



Potential participants should:

- be adults over 18 years of age
- have had stroke between 3–18 months ago
- be experiencing difficulties performing activities with their affected arm and hand that they would like to work on during the Therapy Program.

Participants will each receive two Programs of Therapy that run for six weeks each and will be asked to attend 7–8 assessment sessions over a period of 12 months.

If you are interested and would like further information please contact:

Karen Ribbons (Newcastle Study Coordinator)

karen.ribbons@newcastle.edu.au

Brendon Haslam (Clinical Lead)

b.haslam@latrobe.edu.au

