



# ANNUAL REPORT 2021/2022



**STROKE RECOVERY ASSOCIATION NSW**

*Celebrating 45 years in 2022*





***SUPPORTING  
SURVIVORS OF  
STROKE  
&  
REDUCING THE  
IMPACT OF STROKE***





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# WHO WE ARE

*The Stroke Recovery Association NSW is a member-based organisation that seeks to improve the quality of life of those affected by Stroke.*

The Stroke Recovery Association NSW promotes self-help, mutual support, self-determination, and integration back into the community. We are committed to quality service provision.

We are a non-profit organisation that advocates for and provides a range of support and information services to people affected by Stroke and their families/carers. We work to empower the individual and their supporters to manage their recovery and ongoing health in order to achieve an improved quality of life after Stroke.

## VALUES AND PRIORITIES

- **Stroke recovery and support** - to maximise Stroke recovery of the individual and reduce the impact of Stroke on the family/carer and the community.



***Promote recovery***



***Mutual support***

- **Stroke planning and development** - to develop and advise on policy and best practice to maximise services available for those affected by Stroke.



***Consumer voice***



***Collaborate with government***

- **Stroke awareness and risk minimisation** - to increase the public knowledge of Stroke, its causes, risk minimisation and recovery.



***Information***



***Education***



# ORGANISATIONAL OVERVIEW

The Stroke Recovery Association NSW is a focal point for information about Stroke prevention and recovery. We provide programmes that enhance the quality of life for people affected by Stroke through:

1300 telephone counselling  
& support

Stroke Recovery  
Clubs/groups/choirs

Online Stroke support  
groups

Advice on policy

Advocacy

NSW Stroke Awareness  
Week activities

Information available to  
CALD communities

Education

Conferences

## MEMBERSHIP BREAKDOWN

Our membership database includes individuals, families, volunteers, health professionals and corporate organisations from the Stroke community.

**1,580 Members\***

*65 new memberships*

### MEMBERSHIP BREAKDOWN

6 corporate memberships  
24 health professionals  
1,171 Stroke survivors\*  
23 volunteers



### MEMBERSHIP TYPES

355 General memberships\*  
1,172 Club memberships\*

## STROKE RECOVERY CLUBS/GROUPS/CHOIRS



### 39 STROKE CLUBS/GROUPS

- 27 rural Stroke Clubs/groups
- 12 metropolitan Stroke Clubs/groups



### 5 STROKE CHOIRS

- 4 face to face
- 1 online choir



### 12 ONLINE STROKE GROUPS

- 21 online groups each month
- 1,913 attendees in 2021/22

\* 1 family membership is counted as 2 members





# CELEBRATING 45 YEARS IN 2022

## A brief history of the Stroke Recovery Association

**1980**

Anita and the "Straight Talk Club" applied for and received funding to employ a speech pathologist to assist the group with their speech practice.

**1977**

The concept of the Association began with Allen Rosenberg seeking further treatment for his wife Anita. He contacted Ros Oliver, a speech pathologist at Mt Wilga Rehabilitation Centre, who assisted Anita and Allen to set up the first meeting in their home in November 1977 with 18-20 people in attendance. The group called themselves the "Straight Talk Club".

**1981**

The Association was expanded to the "Straight Talk and Stroke Club".

An office was established in Chalmers Street, Redfern. The office operated 5 days a week, staffed by volunteers.

**1985**

Patricia Neal, a well-known English actor who had experienced a Stroke, visited Australia as a guest of the Association during Stroke Awareness Week.

After her visit, the Stroke Club network expanded from 15 to 35 Clubs throughout NSW.

**1986**

The Stroke Recovery Association moved offices to the nurse's quarters, which was part of the old Lewisham Hospital, and remained there until 2007.

**1987**

A strategic planning meeting in the late 1980's, lead to the amalgamation of the various Stroke Clubs and Straight Talk Clubs under one umbrella.

The Association became incorporated in 1987 and changed the name to the "Stroke Recovery Association NSW".

**1989**

The Hunter Stroke Olympics was conceived by Elaine Lenahagn from a fun day between the Belmont and Toronto Stroke Clubs.

**1990**

The Stroke Council of Australia was established.







## 1990

The Association received funding from the Brain Foundation, which was used to employ a community worker to develop Stroke Recovery Clubs throughout NSW.

The then Clubs Coordinator worked on a NSW Health committee and played a key role in developing the 1997 NSW Stroke strategy which led to the development of Stroke Units in NSW Hospitals.

## 1998

The Association received an increase in funding from the Department of Community Services and NSW Health, mainly due to the then President, Pamela Grant.

This enabled the Association to expand staffing positions to one full-time and 3 part-time positions.

## 2011

The Association's founder, Mrs. Anita Rosenberg passed away in 2011.

The Association held the first Combined Clubs Morning Tea, for Clubs on the Central Coast. This has expanded over the years to include Clubs/groups/choirs from the Mid North Coast, Sydney, Hunter and New England.

## 2020

The Association's Clubs/groups/choirs were suspended due to the ongoing COVID-19 lockdowns. The Association developed online Stroke support groups and launched into the world of technology.

## 1997

John Rich, during his time as President, was instrumental in organising a submission to the Vincent Fairfax Foundation, which resulted in a funding grant of \$100,000.

The Creating Connections Stroke Conference was initiated at Royal Rehab in 1997.

## 2010

The Association held its first state-wide Stroke Club event, the "Forster Winter Escape", hosted by our Great Lakes and Manning Shire (GLAMS) Club.

This was a four-day event, which included several social events and a Stroke forum. This event was held again in 2012.

## 2014

The first Sydney Olympics Games Day was held in 2014.

## 2022

The Stroke Recovery Association NSW celebrates 45 years.

All Clubs/groups/choirs have been able to safely reopen and meet face to face. COVID-19 has increased the Association's reach to people in rural and remote areas, with events being livestreamed to members across the state.



# MEET THE TEAM

## STAFF



**Michelle Sharkey**  
**OAM**  
*Chief Executive Officer*



**Maria Nguyen**  
*Stroke Project Officer*



**Lani Cutuli**  
*Community Liaison Officer*



**Rachel Field**  
*Office & Communications  
Manager*



**Carolyn Armstrong**  
*Administration Officer*



**Cheryl Smith**  
*Financial Manager*



# BOARD OF MANAGEMENT



**John Garbutt**  
*President*



**Judith Thornley**  
*Vice President/ Secretary*



**Karen Felton**  
*Public Officer*



**Janette Daniel**  
*Director*



**Judy Sumner**  
*Director*



**Kylie Tastula**  
*Director*



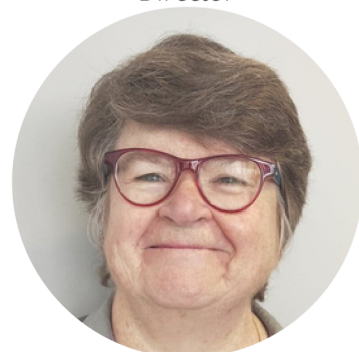
**Professor Shih-Chang  
(Ming) Wang**  
*Director*



**David Bostock\*\***  
*Director*



**Linda Glanfield\*\***  
*Director*



**Pam Short\*\***  
*Director*

\*\* retired in 2021/2022





# PRESIDENT'S HIGHLIGHTS

Mr John Garbutt

To begin, I will congratulate the staff, our wonderful Stroke Recovery Club/group/choir volunteers, and my fellow Board members, for their initiative and ongoing commitment to the Association over the past year. It has taken an enormous amount of energy to maintain our services with the ups and downs of the ongoing health crisis, which appears to be here to stay with us for the foreseeable future.

The latter part of 2021 was again plagued with lockdowns and cancellations of events. Stroke Recovery Clubs/groups/choirs were just starting to rejuvenate prior to the second major lockdown, which occurred from July to November, when COVID-19 raised its ugly head yet again. The usual events of the Association and the activities of our Stroke Recovery Clubs/groups/choirs were once again cancelled. While the organised events scheduled for the latter half of 2021 were cancelled, we were able to host the Creating Connections Stroke Conference entirely online in September 2021.

2022 began with great optimism. We were notified that the funding received from the NSW Government Department of Community and Justice would not only be restored but doubled to \$150,000 per annum. A great achievement for Michelle and the team.

The first half of 2022 saw everything re-opening, and as back to normal as possible, with the Association holding events, including the 45th Anniversary cocktail party, the Building Capacity Stroke Conference, and the Sydney Stroke Olympic Games day.

## **The Association's services in review:**

I know I begin with this every year but never has this been more apt than the past 12 months. The staff have exceeded expectations through the challenges of COVID-19 to ensure the services of the Association remain relevant for members. The performance of the Association continues to be a source of pride for all involved. The Association's statistics indicate that the services and programmes are performing well and there has also been an enormous shift and expansion in our online and live streaming capabilities, expanding our services to rural and remote areas of the state and allowing more members than ever to access Association events.

## **Support and Information**

The information, counselling and support telephone line continues to be the frontline connection for those seeking the support of the Stroke Recovery Association. Survivors and carers regularly contact the Association for information and are more often than not linked to a whole network of support through our Stroke Recovery Club/group/choir communities. The statistics on pages 14 and 15 will give you an idea of the number of telephone calls taken by staff each year. A friendly voice on the end of the telephone is often the first point of contact for new members and anyone wanting to connect or learn more about Stroke.





Staff continue to respond to feedback on the website. In addition to the new look, we have now uploaded all our Stroke information sheets in a format that can utilise the text to speech function and be translated into over 10 different languages. We are still finessing the members only section of the website, which enables members to access to all the guest presentations from our conferences and Topical Thursday guest speaker recordings.

### **Support of Stroke Recovery Clubs/groups/choirs**

This is the area of the Association's objectives which has seen the greatest change over the past 12 months.

The Stroke Connectivity Project has continued during 2022. The Stroke Project Officer has completed the first round of training to all Clubs/groups/choir, with all Clubs/groups/choirs having either already undertaken the training, or having their training session scheduled for the remaining half of 2022.

As COVID-19 caused an enormous interruption to the implementation of this project, we are confident that this funding will be continued for a further two-year period, concluding in June 2024. The continuation of this project will enable the Stroke Project Officer to revisit the Clubs/groups/choirs and provide further training to develop members' skills and confidence in accessing and utilising technology and online platforms even further.

The funding that the Association receives from the Department of Communities and Justice is now solid until June 2024. As a result, we have employed the Community Liaison Officer whose role involves forging closer ties with our health and disability colleagues and working with member Clubs/group/choirs to expand and strengthen the Stroke support network in the community.

The 2021 October Club video conferences were able to proceed using the online meeting platform 'Zoom'. It is amazing to see how members have embraced the new technology so readily. Who would have thought, prior to COVID-19, that we would all become so comfortable with using technology to communicate.

The Building Capacity Training Conference was held in May 2022 and incorporated a 45th anniversary cocktail party for the Association. Eighty percent (80%) of our Stroke Recovery Clubs/groups/choirs were represented at the two-day conference. It was again successfully livestreamed to all our members who were unable to attend in person.

Following the feedback received by members at the Building Capacity and October video conferences, the Stroke Project Officer and Community Liaison Officer have initiated monthly online governance training for Stroke Recovery Club/group/choir executives.



The online Stroke support groups have continued to expand, with many Stroke Recovery Clubs/groups/choirs experimenting with opening their groups to both online and face to face attendees. Online groups which continue to be successful (and popular with our members) are the Gardening Club, Sips and Nibbles Working Age Group, the Topical Thursday Guest Speaker and Trivia Tuesday. The staff work closely with many of our lovely volunteers to enable them to use their skills to facilitate the online groups. These groups are now entrenched as part of the services of the Association and have forged many a friendship between members located far and wide.

### **Stroke Awareness and Education**

Stroke awareness and education is an area that has been greatly reduced due to the impact of the lockdowns this year. Most Clubs/groups/choirs were unable to participate in NSW Stroke Awareness Week 2021 due to the second COVID-19 lockdown. The Annual NSW Stroke Awareness Week launch and the Stroke Choir Recital were both cancelled. Community talks and education opportunities have also been very much reduced.

### **Advocacy**

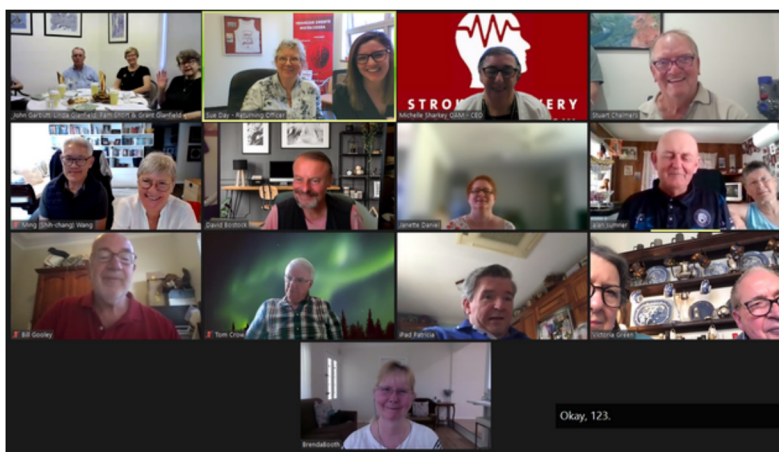
The Chief Executive Officer continues to be very active in advocating for services through all levels of government. All of these have continued to meet during 2021/2022 using online platforms. Areas where the Association has had significant input has been through the Agency for Clinical Innovation (ACI) Stroke Network and Ability Transport Access Committee (ATAC) through NSW Transport in the roll out of the new fleets and other related transport. This is a vital aspect of the Association's mandate. We will continue to be involved with NSW Health and Transport NSW, with the provision of consumer representatives. As your President, I will continue to provide a vital voice within Health Consumers NSW, serving as their Chairperson again in 2021/2022.

### **Moving Forward**

One major achievement over the past year has been the continuation of funding for the development of the Stroke Recovery Clubs/groups/choirs through the Department of Communities and Justice. Not only was the funding reinstated, the amount received annually has doubled. This, along with the expected continuation of the Stroke Connectivity Project funded through the Information and Linkages and Capacity programme, will mean that the Association has three secure sources of funding until June 2024. It is anticipated that these increased resources will have a flow on effect to support the development of both the Association's face-to-face Clubs/groups/choirs and also our online presence.

Advocacy remains a key strategy of the Association. We are committed, along with our partner organisation, the Physical Disability Council of NSW (PCDN) who have been funded to coordinate the Disability Advocacy Network, to ensuring that the needs of people with disability are at the forefront of decision making in 2023.





Members can be assured that your staff and Board of Management will continue working with Stroke survivors and their carers to ensure that the interests and the voice of Stroke survivors will be heard within the decision-making processes of NSW. Whether that be directly, through the work of our CEO, or through our connection with key strategic partners, PDCN and Health Consumers NSW.

The use of technology is now an essential tool to deliver some of the Association's services. The online Stroke support groups are now embedded in the yearly programme for staff. It is imperative that these continue, as they have ensured that members, wherever you are located, can still enjoy more access to the services and events made available by the Association.

The ongoing success of the Association's education conferences will ensure that they are part of our support to members in 2023. The capacity to livestream to those unable to attend events face-to-face will also continue to grow in popularity as members become more familiar and comfortable using online platforms.

Members can be assured that the Board will continue to evaluate the programmes of the Association and ensure that they evolve to meet the changing needs of our members and the Stroke community. The Association will also continue to work on our governance procedures to ensure compliance with all relevant authorities.

As we move into 2022/2023, we can look back on the past 12 months yet again with enormous pride in the achievements of this Association during another very difficult year of lockdown, Club/group/choir closures and event cancellations. The Association has risen to the challenge of the ever-changing and trying conditions of COVID-19, and we have also found new and improved ways to engage with and provide services to our members.

### Thank you

I always conclude my report by acknowledging the individuals and organisations who have contributed to the success of the Association over the past 12 months. That contribution might be through volunteering their skills to a Club/group/choir, or as a member of staff, led by our CEO, Michelle Sharkey, who celebrates 25 years with the Association in 2022.

We are a very solid and strong organisation led and directed very capably by my fellow Board members who contribute their time freely. This past 12 months has seen a significant change of Board membership, however, I am sure you agree that the quality of the support provided through the Association is first class and continues to develop under the stewardship of the Board and the very capable staff. I thank you all for your contribution to the work of the Association and look forward to a very successful year ahead.

  
**John Garbutt**  
 President





# ONLINE ENGAGEMENT



**2,114**

Facebook followers



**1,302**

Instagram followers



**57,976**

Social media reach



**42,548**

Website reach



**3,667**

YouTube video views



**3**

Livestreamed events

**688**

Online attendees



**38**

Guest speaker  
presentations



**14**

Online special events



**216**

Online Stroke  
support groups



**1,913**

Attendees on  
online groups



**14**



# COMMUNITY ENGAGEMENT



**2,664**  
Phone calls



**55,541**  
Emails



**2,950**  
Information sheets



**3,270**  
Pamphlets



**80**  
Visits to Stroke Recovery  
Clubs/groups/choirs



**2**  
Combined Club events



**121**  
Meetings attended



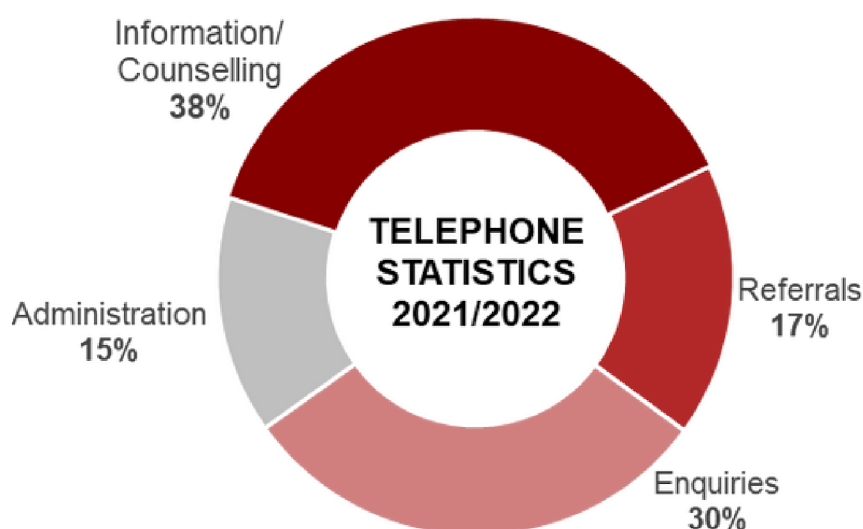
**17**  
Committees



**21**  
"Getting online"  
training sessions



**6**  
Newsletter editions  
**3,716**  
Newsletters distributed



# STROKE RECOVERY CLUBS/GROUPS/CHOIRS

The new financial year began with yet another lockdown due to COVID-19. This meant that all the face-to-face Stroke Recovery Club/group/choir activities were suspended for the remainder of 2021. They began to open up again in late November/early December, but most chose to only get together for social occasions until the beginning of 2022.

It also meant that the Stroke Connectivity Project did not proceed for another six months. However, when we re-emerged from lockdown, the Association successfully applied for an extension to the project which was granted until December 2022.

The two-year connectivity project achieved significant outcomes for the Stroke community, increasing inclusivity for people in remote and rural regions and providing greater access.

The focus of the project over the two years was multi-faceted and included:

- "Getting Online" face-to-face training session;
- Online Stroke support groups;
- Technical support sessions each Monday;
- Website update;
- Individual webpage for all Stroke Recovery Clubs/groups/choirs; and
- Livestreaming of all events held by the Stroke Recovery Association.

The feedback on the training has been significantly positive as follows:

- 99% of participants would recommend the training to others;
- 90% agreed that the training and booklet are effective in assisting with getting online;
- 80% believe that their knowledge of online activities has increased; and
- 81% have been inspired and motivated after training to get online.

A significant challenge that participants noted was the lack of ongoing support and mentoring to access online services. The Stroke Recovery Association is committed to providing this ongoing support to members through the continuation of technical support sessions, held every Monday.

The Association is confident that there will be a continuation of this project going forward in the next financial year.

The Association began the 2021/22 financial year very uncertain as to whether the funding from the Department of Community and Justice, to support Stroke Clubs/groups/choirs, would be continued. This is core funding that the Association has received since 1996 and is used to support the work of the members and volunteers attending Club/groups/choirs.



In September 2021, staff successfully tendered for the continuation of funding under the new Disability Advocacy Futures Program.

The key areas of support for Clubs/groups/choirs that will be provided through this project include:

### **Community outreach**

- Raising awareness about Clubs/groups/choirs in local areas
- Membership development

### **Assisting Clubs/groups/choirs to obtain grants**

- ClubsGrants
- Local Government Grants
- Volunteers Small Grants

### **Support struggling Clubs/groups/choirs**

- Young Stroke Group
- Wagga Wagga
- Belmont
- New England

### **Developing new Clubs/groups/choirs:**

- Northern Beaches
- Fairfield
- Kempsey

### **Continuing the training for the Stroke Clubs/group/choir executive**

- Building Capacity Conference
- Regional Club/groups/choir video conference
- Monthly Club executive discussion

This funding is now guaranteed until June 2024 and is twice the amount that was previously received.

The Online Stroke support groups are now imbedded as a key part of the services the Association provides to members. There are over 12 different online group options that members can attend each month, offering support to Stroke survivors and carers. This has been an enormously successful change of direction for the Association's services.





# CLUBS/GROUPS/CHOIRS SURVEY 2022

Every two years, the Stroke Recovery Association NSW requests members who attend their local Stroke Recovery Club/group/choir to complete a feedback survey. This ensures that both the Association and its affiliated Club/group/choir are meeting member's needs and seeks ideas on how the services can be improved. Below is an overview of the results from the 2022 survey.

**69.9%** Improved wellbeing

**71.2%** Improved mood

**83.7%** Removed feelings of isolation

**56.3%** Improved cognitive abilities

**89.1%** Improved knowledge of Stroke

**53.6%** Improved speech

***"I really missed attending the Club during COVID.  
It is so great to be back"***

**53.4%** Improved physical abilities

**65.8%** Improved ability to cope with the changes to life post-Stroke

**80.6%** Enjoyed outings with the Stroke Club/group/choir

**96.4%** Enjoy the companionship at Stroke Clubs/groups/choirs

**72.1%** Found that Stroke Recovery Clubs/groups/choirs benefited carers/family members

**89.2%** Enjoyed reading the "Club News" publication



***"At our Stroke Club members do not feel isolated and alone and know we are here to assist when we can"***

# FINANCIAL REPORT

At the conclusion of the 2021/2022 financial year, the Association is in the best financial position it has ever been as a result of further bequests and increased government grant monies. The financial overview on the following page gives you a compact picture of how monies have been received and expended over the past year and a comparison with the previous financial year.

The income and expenditure report indicate that there has been a decrease in monies received from most areas over the past year, an indication of how we have been impacted by COVID-19. The Association received \$249,088 in bequests over the past financial year, an enormous increase over that received in the previous financial year. Due to the current low interest rates in the 2021/2022 period, our investment returns have decreased in relation to previous years. It is anticipated that this performance will improve next year.

The overall annual expenditure in 2021/2022 has again increased due to higher staffing levels. Staff have worked diligently to source alternative sources of funding and this is reflected in the extension of the grants received from NSW Health, NSW Department of Communities and Justice and a further grant from NDIS (ILC Programme) for the 2022/2024 period.

Our funding agreement with NSW Health is secured until June 2023. We were also successful in a tender submitted to the NSW Department of Communities and Justice under the Disability Advocacy Futures Programme (DAFP). This replaced and doubled the grant monies we were receiving from them previously under the Transitional Advocacy Futures Programme (TAFP). This funding is a guaranteed annual amount of \$150,000, secure until 30 June 2024.

A further two-year extension of the NDIS grant to rollout the Stroke Connectivity Training Project to members at the Stroke Recovery Club/groups was also granted in early July 2022 and this funding is also now secure until 30 June 2024. This means the Association now receives core government funding of approximately \$497,000. This increase is being utilised to increase the staffing level at the Association in order to provide more support services to members, particularly those who attend the Stroke Recovery Clubs/groups/choirs.

Staff have again been successful in working with Clubs/groups/choirs to source monies from the ClubsGrants programme.

The Association is also very appreciative of the bequests that were received from the Estates of Ann Whetton, Shenay Yusuf and Jane Frolich. The combined amount received from these estates was just under \$250,000. A major boost to our retained earnings.

The amounts noted in the auditor's report for Clubs/groups/choirs is the overall revenue received by all the Clubs/groups/choirs of \$71,784 and their overall expenses of \$60,876 for the 2021/2022 financial year. These figures continue to be incorporated into our audited statement, as required by the Australian Not-for-Profit and Charities Commission, however, they no longer greatly impact on the Association's bottom line figure as they did last year when they were first included.

As we move into the 2022/2023 financial year, we are in a very strong and viable financial position with a total cash reserve of \$1,689,629, an increase of \$178,291 or 12% on last year's position.

Our retained revenue will be managed carefully to enable the Association to continue to grow and move forward. Some of this cash reserve has been used to employ administrative support for the Association's office. This is an expense we will continue to incur in future years.

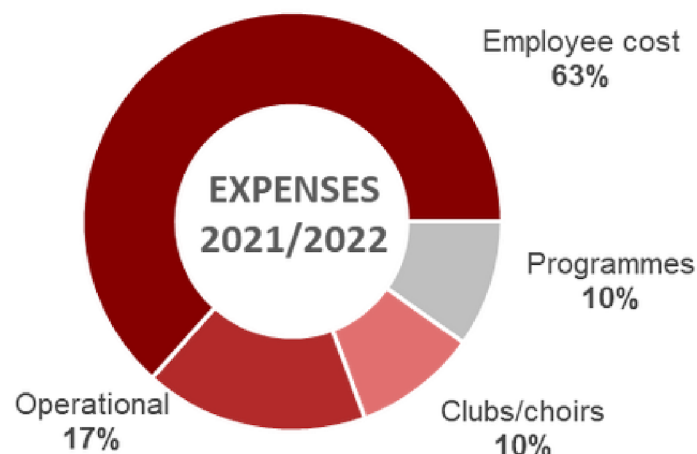
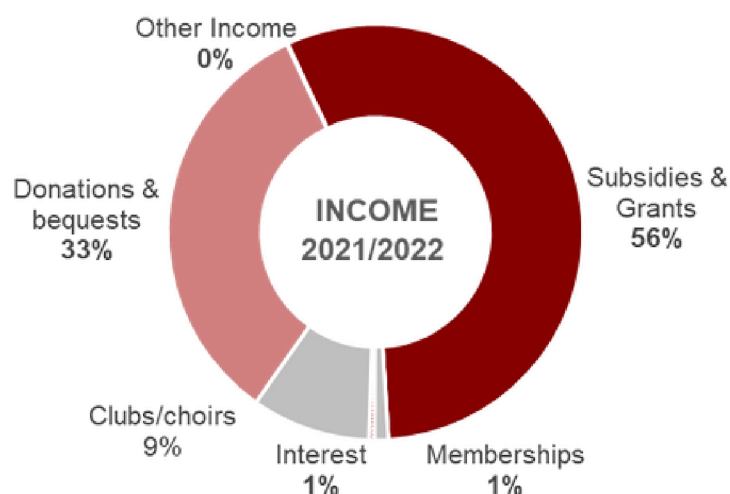
The Board is acutely aware of the ever-increasing legislative burden on the Association and our Clubs/groups/choirs, particularly the volunteers. It is imperative that the Board monitors the spending of monies diligently to ensure that our legal obligations are fulfilled. It is vital that we maintain our status as a charity and strictly comply with the new processes of the Australian Not-for-Profit and Charities Commission. Financial diligence remains a primary concern of the Board.

The Board would like to acknowledge the extra work undertaken by the financial manager, Cheryl Smith, and the treasurers of the Clubs and choirs who have worked diligently to ensure we comply with the requirements of the Australian Not-for-Profit Charities Commission.

The staff and Board express our appreciation for the outstanding work of our honorary auditor Vishal Modi from Nexia. A copy of the independent Auditor's Report is included on page 21 of this report.

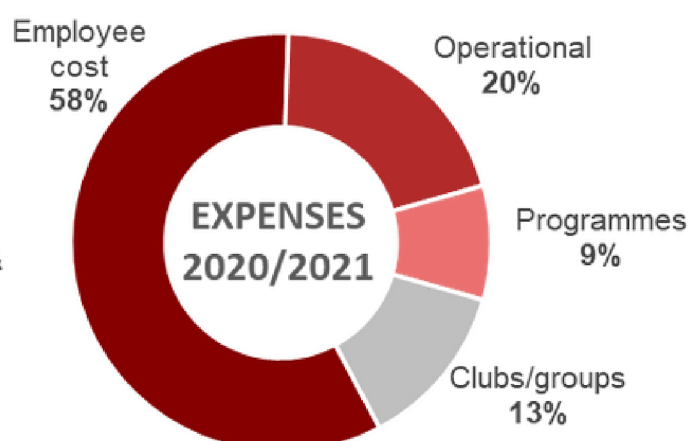
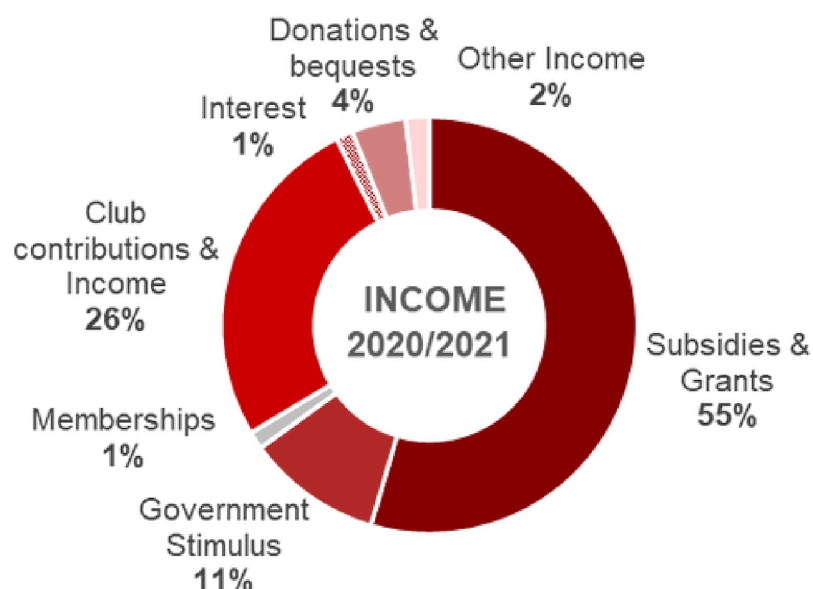
# FINANCIAL POSITION

This financial year - 2021/2022



Net position 2021/2022  
**+ \$ 152,829**

Last financial year - 2020/2021



Net position 2020/2021  
**+ \$ 250,076**





# INDEPENDENT AUDITOR'S REPORT

## Independent Auditor's Report to the Members of Stroke Recovery Association Incorporated

### Report on the Audit of the Financial Report

#### Opinion

We have audited the financial report of Stroke Recovery Association Incorporated (the Association), which comprises the statement of financial position as at 30 June 2022, the statement of profit or loss and other comprehensive income, statement of changes in equity and statement of cash flows for the year then ended, and notes to the financial statements, including a summary of significant accounting policies, and the Committee members' declaration.

In our opinion, the accompanying financial report of the Association is in accordance with Division 60 of the Australian Charities and Not-for-profits Commission Act 2012, including:

- i) giving a true and fair view of the Association's financial position as at 30 June 2022 and of its financial performance for the year then ended; and
- ii) complying with Australian Accounting Standards - Simplified Disclosures and Division 60 of the Australian Charities and Not-for-profits Commission Regulation 2013.

#### Basis for opinion

We conducted our audit in accordance with Australian Auditing Standards. Our responsibilities under those standards are further described in the 'auditor's responsibilities for the audit of the financial report' section of our report. We are independent of the Association in accordance with the ethical requirements of the Accounting Professional & Ethical Standards Board's APES 110 *Code of Ethics for Professional Accountants (including Independence Standards)* (the Code) that are relevant to our audit of the financial report in Australia. We have also fulfilled our other ethical responsibilities in accordance with the Code.

We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

#### Committee members' responsibility for the financial report

The Committee members of the Association are responsible for the preparation of the financial report that gives a true and fair view in accordance with Australian Accounting Standards and the Australian Charities and Not-for-profits Commission Act 2012 and for such internal control as the Committee members determine is necessary to enable the preparation of the financial report that gives a true and fair view and is free from material misstatement, whether due to fraud or error.

In preparing the financial report, the Committee members are responsible for assessing the Association's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the Committee members either intend to liquidate the Association or to cease operations, or have no realistic alternative but to do so.

# INDEPENDENT AUDITOR'S REPORT

## Auditor's responsibility for the audit of the financial report

Our objectives are to obtain reasonable assurance about whether the financial report as a whole is free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with the Australian Auditing Standards will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of this financial report.

A further description of our responsibilities for the audit of the financial report is located at The Australian Auditing and Assurance Standards Board website at: [www.auasb.gov.au/auditors\\_responsibilities/ar4.pdf](http://www.auasb.gov.au/auditors_responsibilities/ar4.pdf). This description forms part of our auditor's report.

## Report on the Requirements of the Charitable Fundraising Act 1991 (NSW) and the Charitable Fundraising Regulation 2015 (NSW)

We have audited the financial report as required by section 24(2) of the Charitable Fundraising Act 1991 (NSW). Our procedures included obtaining an understanding of the internal control structure for fundraising appeal activities and examination, on a test basis, of evidence supporting compliance with the accounting and associated record keeping requirements for fundraising appeal activities pursuant to the Charitable Fundraising Act 1991 and Charitable Fundraising Regulation 2015.

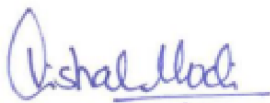
Because of any inherent limitations of any assurance engagement, it is possible that fraud, error or non-compliance may occur and not be detected. An audit is not designed to detect all instances of non-compliance with the requirements prescribed in the above-mentioned Act and Regulation as an audit is not performed continuously throughout the period and the audit procedures performed in respect of compliance with these requirements are undertaken on a test basis. The audit opinion expressed in this report has been formed on the above basis.

## Opinion

In our opinion:

- a) The financial report gives a true and fair view of the financial results of fundraising appeal activities for the financial year ended 30 June 2022;
- b) The financial report has been properly drawn up, and the associated records have been properly kept for the financial year ended 30 June 2022, in accordance with the Charitable Fundraising Act 1991 and Regulations;
- c) Money received as a result of fundraising appeal activities conducted during the financial year ended 30 June 2022 has, in all material respects, been properly accounted for and applied in accordance with the Charitable Fundraising Act 1991 and Regulations; and
- d) There are reasonable grounds to believe that the Association will be able to pay its debts as and when they fall due.

**Nexia Sydney Audit Pty Ltd**



**Vishal Modi**  
Director

Dated: 27 October 2022

# INDEPENDENT AUDITOR'S REPORT



To the Committee Members of Stroke Recovery Association Incorporated

## **Auditor's Independence Declaration under section 60-40 of the *Australian Charities and Not-for-profits Commission Act 2012***

As lead audit director for the audit of the financial statements of Stroke Recovery Association Incorporated for the financial year ended 30 June 2022, I declare that to the best of my knowledge and belief, there have been no contraventions of:

- (a) the auditor independence requirements of the *Australian Charities and Not-for-profits Commission Act 2012* in relation to the audit; and
- (b) any applicable code of professional conduct in relation to the audit.

Yours sincerely

**Nexia Sydney Audit Pty Ltd**

**Vishal Modi**

Director

Date: 27 October 2022

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## **Stroke Recovery Association Incorporated Statement by members of the committee For the year ended 30 June 2022**

In the opinion of the committee

- (1) the attached financial statements and notes comply with the Australian Accounting Standards - Simplified Disclosures the Australian Charities and Not-for-profits Commission Act 2012, the Australian Charities and Not-for-profits Commission Regulation 2013 and other mandatory professional reporting requirements;
- (2) the attached financial statements and notes give a true and fair view of the association's financial position as at 30 June 2022 and of its performance for the financial year ended on that date; and
- (3) there are reasonable grounds to believe that the association will be able to pay its debts as and when they become due and payable.

This statement is made in accordance with a resolution of the Committee and is signed for and on behalf of the Committee by:

President

Dated this 27th day of October 2022

Sydney

Secretary -



# AUDITED FINANCIAL STATEMENT

## YEAR ENDING 30 JUNE 2022

	Notes	2021/2022 \$	2020/2021 \$
<b>Revenue</b>			
Revenue	3	771,263	685,924
Other Income	4	3,150	91,805
<b>Expenses</b>			
Employee benefits expense		361,243	284,984
Superannuation		32,645	22,912
Stroke Awareness Week		-	-
Insurance expenses		6,847	3,967
Printing and stationary		27,681	28,698
Travel expenses		14,108	17,814
Conference expenses		54,138	42,824
Grants paid		-	-
Program expenses		5,250	3,650
Club expenses		60,876	49,743
Other expenses		58,796	73,061
<b>Surplus/(deficit) for the year</b>		<b>152,829</b>	<b>250,076</b>
<b>Other comprehensive income, net of income tax</b>		<b>-</b>	<b>-</b>
<b>Total comprehensive income for the year</b>		<b>152,829</b>	<b>250,076</b>

# AUDITED FINANCIAL STATEMENT

## YEAR ENDING 30 JUNE 2022

	Notes	2021/2022 \$	2020/2021 \$
<b>Current Assets</b>			
Cash and cash equivalents	5	1,689,629	1,511,338
Trade and other receivables	6	4,650	5,248
Other assets	7	2,054	2,952
<b>Total current assets</b>		<b>1,696,333</b>	<b>1,519,538</b>
<b>Total assets</b>		<b>1,696,333</b>	<b>1,519,538</b>
<b>Current Liabilities</b>			
Trade and other payables	9	25,259	21,762
Employee benefits	10	130,122	109,653
<b>Total current liabilities</b>		<b>155,381</b>	<b>131,415</b>
<b>Total liabilities</b>		<b>155,381</b>	<b>131,415</b>
<b>Net assets</b>		<b>1,540,952</b>	<b>1,388,123</b>
<b>Equity</b>			
Reserves		308,249	308,249
Retained earnings		1,232,703	1,079,874
<b>Total equity</b>		<b>1,540,952</b>	<b>1,388,123</b>

# VALE STUART CHALMERS OAM

On Monday 25th April 2022, former Board member and life member of the Association, Mr. Stuart Chalmers OAM, passed away at the Mater Hospital in Newcastle surrounded by his loving and caring family.

Stuart was one of those exceptional human beings that lived every day to the fullest. A man whose generosity of spirit was legendary. He never let life get him down and his Stroke was another of life challenges that he faced with strength, determination and grace. He inspired many who had the privilege to know and love him throughout the Stroke Community. His cheeky grin and infectious laugh were some of his most endearing features. He was the most positive person you could meet, always with that cheeky grin.



As well as being a life member of the Association, he was a life member of the Belmont Stroke Recovery Club and a founding member of the Brainwaves Choir. Stuart had been on the Board of the Association since 2004, until he retired in 2021. He was always the first to put up his hand if something needed to be done, serving on many committees in the Hunter to advocate for the needs of Stroke survivors. He always wanted to make a difference for those who were touched by Stroke.

He would often chat to people he did not know on the street if he recognised that they had had a Stroke. I would often get a phone call from someone who would say Stuart Chalmers said to give you a call and you could point me in the right direction to get support.

He loved going to Newcastle University to share his Stroke story with Jodie Marquez and her students. He inspired many who had the privilege to know and love him throughout the Stroke Community. His cheeky grin and infectious laugh were some of his most endearing features.

Those of you who attend the Hunter Stroke Olympics would remember Stuart as a fierce competitor in the euchre. He was always willing to assist new competitors by showing them the tricks of the game. Unbeknown to Stuart, the Committee had recently renamed the perpetual Euchre Trophy in his honour. Even if he is not there in person, he certainly will be in spirit.

He was a life member of the Caves Beach Surf Life Saving Club where he spent a large amount of his life, particularly when he could not return to work after his Stroke. In honour of the work he has done for them over many many years, he has a park and a surf boat named after him. In his final days, he was again honoured by his friends and fellow life savers at Caves Beach SLSC who presented to him, via zoom, a 60 years of service medal.

He received an OAM for all the community work he has done. Never was an OAM bestowed on a more worthy recipient.

Vale Mr Stuart Chalmers OAM, a great gentleman, a hero, and inspiration to many.

His legacy with the Association will live on.



# DONATIONS, BEQUESTS, GRANTS AND FUNDING

## BEQUESTS:

Our heartfelt thank you to those who have chosen to leave a gift in their will to the Stroke Recovery Association. In 2021/2022, the Association received legacies from:

*Ann Whetton*  
*Shenay Yusuf*  
*Jane Mary Frolich*

## MAJOR FUNDERS:



## CORPORATE SPONSORS:



Thank you to the following organisations, councils and clubs who have provided funding grants to our Stroke Recovery Clubs/groups/choirs in 2021/2022.





**STROKE RECOVERY ASSOCIATION NSW**

*Celebrating 45 years in 2022*

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