



Sydney
Local Health District



STROKE RECOVERY
ASSOCIATION NSW

CREATING CONNECTIONS STROKE CONFERENCE



2026 BOOKLET

NOTES



CONFERENCE AGENDA



Sydney
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FRIDAY, 11th SEPTEMBER 2026

10:00 am	Session Chair Andrew Scott, Chief Executive Officer, Stroke Recovery Association
10:05 am	Open and Welcome John Garbutt, President, Stroke Recovery Association
10:15 am	NSW Telestroke: What We Have Solved & What We Have Not Prof. Ken Butcher, Medical Director NSW Telestroke Service
10:50 am	Post-Stroke Fatigue: What Is the Latest Research Telling Us? Dr Dawn Simpson, Physiotherapist International Stroke Rehabilitation and Recovery Alliance
11:20 am	<i>Meet the stallholders</i>
11:35 am	Improving Your Cognition After Stroke Natalie Holland, Occupational Therapy Team Leader Advance Rehab Centre
12:00 pm	LUNCH
1:00 pm	Session Chair Andrew Scott, Chief Executive Officer, Stroke Recovery Association
1:10 pm	Stroke Survivor Panel Discussion Physical vs. Cognitive & Emotional Recovery - The Pieces People Forget
2:00 pm	Supported Decision Making & Progress of Support at Home Ingrid Fairlie, Aged Care Consultant,
2:25 pm	Nothing About You, Without You: Co-Designing Transport That Works Brandt Clifford, Exercise Physiologist and Clinical Allied Health Specialist
3:00 pm	Preventing Stroke: The Role of Lifestyle & Medication Dr Martin Krause, Head of Neurology North Shore Private Hospital
3:30 pm	Thank you and Close Andrew Scott, Chief Executive Officer, Stroke Recovery Association

ABOUT THE SPEAKERS



**Dr. Teresa
Anderson AM**

Presenting: Single Digital Patient Record: What Has Changed and What's Next for Consumers?

Dr Anderson has more than 40 years of experience as a clinician and health service executive. She has a well-established reputation for implementing strategies focused on fostering partnerships, supporting the delivery of innovative, patient centred, best practice health care.

Dr Anderson was the Chief Executive of Sydney Local Health District for over 13 years. She is now a Speech Pathologist, internationally recognised for her specialist knowledge and skills in the research, assessment and management of

paediatric and adult dysphagia, early communication development, early childhood development and early intervention.



**Brandt
Clifford**

Presenting: Nothing About You, Without You: Co-Designing Transport That Works

Brandt Clifford started out in clinical rehabilitation. He holds a degree in Human Movement and Biomechanics, is an Exercise Physiologist and Clinical Allied Health Specialist, and spent his early career in hands-on rehabilitation in clinics and with Queensland Health, as well as phase three rehabilitation with the Commonwealth Rehabilitation Service.

Brandt now primarily focuses on transport. Transport supports wellbeing physically, mentally and socially, and it

links us to family, work, health appointments, and community. Designed well, it steadily strips away the barriers that can leave people isolated. Brandt's aim is simple: make sure the journey works for everyone who needs it to create connections.



**Dr. Martin
Krause**

Presenting: Preventing Stroke: The Role of Lifestyle & Medication

Dr Martin Krause was born and educated in Germany. He studied medicine at the University of Heidelberg and completed his post graduate medical degree in 1995. In 2015 he was appointed Head of the Neurology Department in Royal North Shore Hospital.

Dr Krause teaches master-class lectures in neurology for stage two medical students and young doctors at University of Sydney's Medical School. He remains involved in Stroke and movement disorder research and is a member of the

Stroke Society of Australasia. He has authored more than 60 peer-reviewed scientific publications.

ABOUT THE SPEAKERS



**Prof. Ken
Butcher**

Presenting: NSW Telestroke: What we have solved & what we have not

Professor Ken Butcher is a neurologist, Director of Academic Conferrals for the Faculty of Medicine and Health at the University of New South Wales, and Medical Director of the NSW TeleStroke Service hosted at Prince of Wales Hospital.

He is a clinician scientist who has dedicated his career to improving treatment and outcomes in Stroke patients. Prior to relocating to Sydney, he was a tenured Professor at the University of Alberta and held a Canada Research Chair in cerebrovascular disease. He has held continuous salary and

grant-in-aid funding related to Stroke research since 2006 and has over 2200 peer reviewed publications.



**Dr Dawn
Simpson**

Presenting: Post-Stroke fatigue: what is the latest research telling us?

Dawn is a Physiotherapist and researcher with the University of Newcastle, and Emerging Leader with the International Stroke Rehabilitation and Recovery Alliance. Dawn's post-doctoral research focuses on developing and testing new interventions for post-Stroke fatigue, using a variety of research methodologies. Dawn is also interested in factors that influence sedentary behaviour and physical activity for Stroke survivors, and health service models that could improve rehabilitation and recovery outcomes for survivors of Stroke.



**Ingrid
Fairlie**

Presenting: Supported Decision Making & Progress of Support at Home

Ingrid specialises in regulatory implementation, quality and safety systems, and compliance across aged care and disability services. With more than 30 years of leadership and consulting experience, she supports governance, reform, audit readiness, risk management, and service improvement. As an independent practitioner, Ingrid advises providers on regulatory requirements, governance, and quality systems. She previously helped establish the NDIS Quality and Safeguards Commission and contributed to the development of the former Aged Care Quality

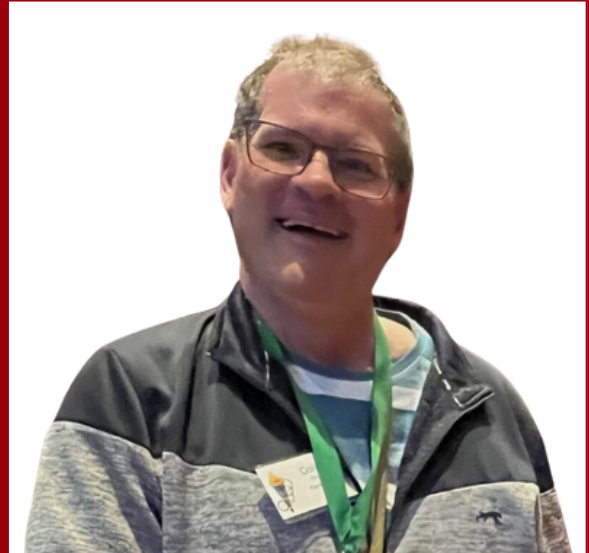
Standards. Through the International Society for Quality in Health Care, she has presented internationally and served as a peer surveyor since 2016.

STROKE SURVIVOR PANEL



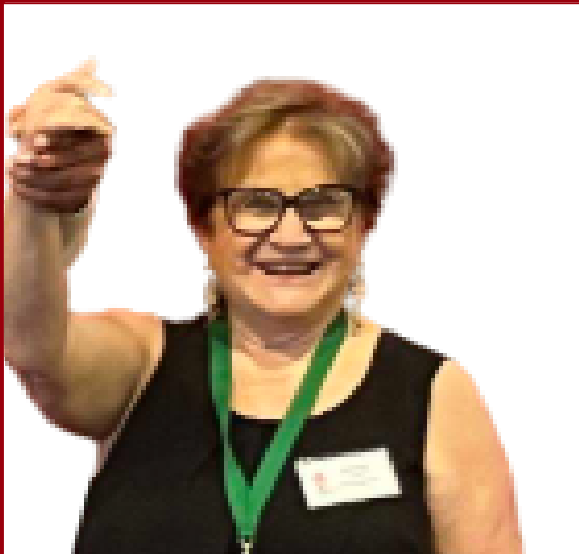
**Brenda
Booth**

WAGS



**Colin
Silk**

FAIRFIELD



**Jennifer
Chin**

NORTH ILLAWARRA



**Tony
Boyadjian**

SYDNEY INNER WEST

STALL HOLDERS



NeuRA

www.neura.edu.au

NeuRA is an independent, not-for-profit medical research institute that has been advancing brain and nervous system research for more than 30 years.

Through world-class research into brain health, neurodegeneration, mental health and healthy ageing, NeuRA is working to improve the lives of Australians living with neurological conditions.



Australian Aphasia Association

www.aphasia.org.au

The Australian Aphasia Association is the national peak body and advocacy organisation for people living with aphasia in Australia. AAA is a not-for-profit and has provided information, resources, support and advocacy

for people with aphasia, their families, carers and health professionals since 2002.



Neuro Moves

www.neuromoves.org.au

NeuroMoves was founded in 2007 to help people living with disabilities and neurological conditions to improve their movement, mobility and physical function. They support individuals of all abilities to reach their physical potential, regardless of their condition or needs.



Concentric

www.concentric.com.au

Concentric exists to increase access to quality care, with a goal of improving 10 million lives over the next ten years. Their work is driven by the belief that

everyone should have access to the care they need, regardless of where they live, their circumstances or their ability to navigate the system.



My Aged Care

www.myagedcare.gov.au

My Aged Care is the starting point for accessing Australian Government-funded aged care services. It provides information and support to help you understand, access and navigate the aged care system, including connecting you with suitable service providers, and understanding costs.

CONNECT WITH US:



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