Have you or someone close to you been affected by high blood pressure?

We'd like to hear from you.

AUS HEARTS is a project to improve how health clinics find and treat **high blood pressure**. We are asking for Western NSW community members to help guide this work.

We want to hear about your stories of high blood pressure care and your ideas for making care better. Your feedback will help shape how health services across Western NSW prevent, find and treat high blood pressure.

If you are interested, please come to a one-hour online chat where we will explain the project and ask for your views on making blood pressure care in Western NSW better. If your community group is interested, we can organise an in-person chat instead.

You do not need any special knowledge. We want to hear from people with lived experience and community members who want to improve health care.

Who can join?

You:

- are 18 years or older
- live in Western NSW
- have or cares for someone with of high blood pressure, stroke, heart disease, chronic kidney disease or dementia
- want to help improve health care in your community

Those who join in for the session will be paid $40 for their time.

Tell us you want to join

Email, phone or scan the QR code to let us know you are interested, or if you have questions.



Contact: Katrina Wilkinson
Email: katrina.wilkinson@sydney.edu.au
Phone: 02 9351 2478

QR code to go here (TBC website finalisation)